



Odyssey Conference

Educating the Acute and Critical Care Nurse

March 10, 2020

The Westin Richmond
6631 W. Broad Street | Richmond, Virginia 23230

Jointly provided by the Greater Richmond Area Chapter of the American Association of Critical-Care Nurses
and VCU Health Continuing Education



Schedule

A.M.

7:15 **Check-in and Registration**

(Breakfast available)

7:55 **Welcome and Announcements**

Ruth Bielke, MSN-Ed, RN

Hind Jaber-Daou, MSN, MHA, RN

8:15 **Keynote Address: *Unstoppable***

Megan Brunson, MSN, RN

9:15 **Poster Presentations**

Pamela G. Mahan, MSN, RN

Linda R. Droste, MSN, RN

10:00 **Break**

(Exhibits and posters open)

10:30 **Morning Breakout Session**

Option A - Sepsis: The Next Level

Christi Adams, MS, RN

Option B - The Psychology of Pain

Mary Wells, PhD

11:15 **Nightshift: How Nurses and Patients can**

Adapt to the Dark

Megan Brunson, MSN, RN

P.M.

12:15 **Lunch**

(Exhibits and posters open)

1:00 **Afternoon Breakout Session**

Option A - Joy: Building a Culture of Resilience

Anne Hawkins, DNP, RN

Kelly Carter, MS, RN

Option B -

Part 1: Living Mindfully with Pain

(1:00 - 1:45 pm)

Chastain Flournoy

Part 2: New Front on Pain Medications

(1:45 - 2:30 pm)

Catherine Ham, MD

2:30 **Break**

(Exhibits and posters open)

2:45 **Big and Loud: Interdisciplinary Approach to**

Parkinson's Care

Stacie Jude, MS, CCC/SLP

Melissa Pool Alhmad, PT, DPT

Christine Thorpe, OTR/L

3:30 **What Patients Need Their Caregivers to Know:**

Keeping the CARE in Healthcare

Paul Wischmeyer, MD

4:25 **Closing Remarks**

Beth Torres, PhD

4:30 **Adjourn**

Course description

The Odyssey Conference is designed to meet the learning needs of nurses involved in the care of acute and critically ill patients, empowering them to be "*Unstoppable*" in their endeavors to provide optimal care to patients and families. Key areas of focus for this event will include self-care and resiliency for nurses, sepsis treatment, innovative approaches to the management of Parkinson's disease, and exploration of alternative options for pain management.

Target audience

This activity is designed for acute and critical care nurses, as well as others across various disciplines interested in expanding their knowledge of emerging care options.

Course objectives

At the conclusion of this activity, learners will be able to:

- Utilize mindful approaches to self-care.
- Apply evidence-based approaches to managing therapeutics with patients.
- Demonstrate understanding of how interprofessional teams can effectively manage patients with Parkinson's disease.
- Incorporate trauma-informed care into patient treatment plans.

Register Online

vcu.cloud-cme.com/Odyssey2020

Conference Committee Leadership

Ruth Bielke, MSN-Ed, RN, NPD-BC, PCCN

Committee Chair
Nurse-centric Education and Development Specialist
Owner, Luminous, LLC
Adjunct Professor, South University

Renee Crawford, MSN, RN, PCCN

Committee Co-Chair
Clinical Nurse II
VCU Health

Audrey R. Roberson, PhD, RN, CPAN

Committee AACN Liaison
Nurse Manager
Medical Respiratory Intensive Care Unit
Unique Pathogens Unit
VCU Health

Conference Faculty

Christi Adams, MS, RN, CCRN, CCNS

Advanced Practice Nurse, Clinical Nurse Specialist
St. Mary's Hospital
Bon Secours Richmond Health System
Richmond, VA

Megan Brunson, MSN, RN, CNL, CCRN-CSC

AACN President
American Association of Critical-Care Nurses
Dallas, TX

Kelly I. Carter, MS, RN, NE-BC

Nursing Director, Surgery-Rehab Division
VCU Health
Richmond, VA

Linda R. Droste, MSN, RN, CWOCN, CBIS

Certified Wound, Ostomy, and Continence Nurse
Spinal Cord Injury and Disorder Units
Hunter Holmes McGuire Veterans Administration
Medical Center
Richmond, VA

Chastain Flournoy

Mindfulness Practitioner
Sandston, VA

Catherine Ham, MD

Assistant Clinical Professor
Department of Neurology
Director of Headache Clinic, Neuroscience, Orthopaedic
and Wellness Center
VCU Health
Richmond, VA

Anne Hawkins, DNP, RN, NE-BC

Nurse Manager
VCU Health
Richmond, VA

Hind Jaber-Daou, MSN, MHA, RN, CCRN

President, Greater Richmond Area Chapter of AACN
Nurse Program Coordinator
VCU Health
Richmond, VA

Conference Committee Members

Meredith Brothers, BSN/RN

Kimberly T. Clark, MSN, RN, CCRN

Deborah DeGraba, BA, BSN, MA, MFA

Kristen J. Gill, BSN/RN

Kitty Hardee, RN

Jennifer Hawkins, BSN

Susan Lomicka, BSN

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Lisa Mayer, MSN, RN

Darlene A. Rush, BSN/RN

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Speech-Language Pathologist
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Mary Wells, PhD, LCP

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Paul Wischmeyer, MD, EDIC, FASPEN

Professor of Anesthesiology and Surgery
Duke University School of Medicine
Director of Perioperative Research
Duke Clinical Research Institute
Durham, NC

Disclosure statement

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Accreditation and credit



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In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 6.75 ANCC contact hours.

Certificates of participation will be provided to attendees not eligible for ANCC credit.

Registration

Register online at

vcu.cloud-cme.com/Odyssey2020

Registration Rates

Until February 28

\$135 General Registration

\$125 Member Registration (GRAC/AACN Region 4/VCU)

After February 28

\$150 Late/On-site registration

Fee includes refreshments, meals, and online course syllabus.

Cancellation policy

Registration fee, less a 25% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to ceinfo@vcuhealth.org on or before February 10, 2020. There will be no refunds after this date.

Conference location

The **Westin Richmond Hotel** is located at 6631 W. Broad Street, Richmond, VA 23230. Complimentary parking is available.

Accommodations

Rate

\$149.00/night (plus taxes and fees) for standard king bed.

Book online

<https://tinyurl.com/OdysseyHotel>

Book by phone

Call 1-888-627-7786 and reference the "2020 Odyssey Critical and Acute Care Conference" block.

Deadline for reserving the guest room block is February 24, 2020. This rate may not be available after this date.

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

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Questions?

Contact VCU Health Continuing Education
ceinfo@vcuhealth.org | 804.828.3640

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